

THE MOMENT OF CALM

2017 True Story Contest Guidelines

Objective

Today, people's hearts are disturbed, they are not at peace. They carry the burden of grudges and resentment. Forgiveness frees them from these burdens and enables them to regain their lost peace. This contest aims at increasing this awareness and encouraging people to forgive and be free.

Who may enter?

Anyone can participate in this contest.

There will be two categories based on age.

Category 1 – Age upto 14 years

Category 2 - Age 15 and above

What are you required to do?

You are required to write a true story about how you felt light and free by choosing to forgive someone or seeking forgiveness from someone or helping others to forgive. The story must have a catchy title and should be not more than 500 words.

How do I submit?

The entries along with the Moment of Calm PLEDGE FORM should be sent to Sadhu Vaswani Mission, Pune, so as to reach no later than June 30, 2017, through e-Mail to: forgive@sadhuvaswani.org or Post / Courier to the following address:

MOC TRUE STORY CONTEST ENTRY
Public Relations Office,
Sadhu Vaswani Mission
10 Sadhu Vaswani Path,
Pune 411001 Maharashtra, India.

Submission Information

Please send the stories along with your name, school name, mobile number, email, city and age. Entries with insufficient information will be disqualified. Please submit via email to: forgive@sadhuvaswani.org

The story must be neatly typed in a word document with a spacing of 1.15

Subject Line of the email submission must be: MOC TRUE STORY CONTEST ENTRY

What is the focus of the submission?

Each submission should be original and must appropriately reflect the theme of forgiveness.

What is the deadline for submission?

The deadline for submitting the entries is **June 30, 2017**. Entries submitted after this date will not be considered. (IMPORTANT: Be sure to include your personal contact information and age so we may contact you.)

Are there any other guidelines for the submission?

All stories must be written in English or Hindi in not more than 500 words.

Is there a fee to enter a submission?

There is no fee.

Jury

The competition will be judged by an independent panel of jury members. Decision of the Jury will be final, and no representation against their decision will be entertained.

What will be the Judging Criteria?

Genuineness of forgiveness story
Overall quality of Writing
The underlying message of the story
Suitable Title

What are the Award levels?

Prizes will be awarded to the best stories based on the above judging criteria in both categories. The winning entries will be featured on our sites & publications.

What else do I need to know before submitting?

By submitting your entry, you are agreeing that you understand these guidelines, that you grant Sadhu Vaswani Mission a royalty-free license to copy, distribute, display and use the original piece for web, press, promotional or any other purposes, and that you agree to hold harmless and release The Sadhu Vaswani Mission, officers, executives, volunteers and all others associated with this contest for any and all liabilities, claims or expenses associated with this entry.

Please note your entry must not infringe on any third party rights.

For questions or queries please contact:

Ph: 020 26055640
Cell: +91 9767641362
Email: forgive@sadhuvaswani.org

For other details please visit:

Momentofcalm.org
www.facebook.com/momentofcalm

An Example

A Marriage Saved

At a wedding ceremony in Tirupur, South India, the bride and her relatives were very late in arriving at the marriage hall. The boy along with his family was anxiously waiting as the mahurat was slipping by. As the girl arrived, tempers were frayed. And what followed was almost a scene from the Mahabharata. The boys people were blaming vigorously and the girls people were trying to defend themselves. Blood Pressures and voices were raised to a high pitch. It looked like no marriage would take place at all. Just then, a lady entered the hall and insisted on being heard. Her calm demeanor and voice acted like a balm on the angry crowd. She spoke in reasonable tones about forgiving each other and staying unruffled and focused for the purpose for which they had all gathered. She apologized unconditionally on behalf of the girls side and asked for forgiveness. Her words acted like magic and soon everybody present realised their foolishness and the prayers and mantras for the marriage were announced. What was going to be a disaster ended in joyful camaraderie and delight.

Today the couple is happily married and will always remember the lady who showed them the power of forgiveness. This lady was none other than a Principal of a school which had participated in The Moment of Calm Forgiveness campaign and remembered to implement the message in a practical manner.

(235 words)