

Sadhu Vaswani Mission Gurukul Ashram

1, B.J.Road, Sadhu Vaswani Chowk, Pune-411001

Sadhu Vaswani Gurukul Ashram is meant for those who aspire to live a life of spiritual discipline. Yattris desirous of staying in the Ashram have to co-operate to maintain the serene atmosphere and sanctity of the Ashram.

1. During their stay, the yattris will have to attend following Satsangs:
 - a. 6.00 a.m. to 6.30 a.m.(on the Ashram Premises)
 - b. 9.00 a.m. to 9.30 a.m.(--- do ----)
 - c. 6.45 p.m. to 8.15 p.m.(in Sadhu Vaswani Mission)
2. The yattris will also have to participate in other Satsang and programmes which take place on special occasions from time to time.
3. The use of radio, tobacco and alcohol is prohibited.
4. Yattris are expected to spend their time in practice of silence, prayers, meditation, reading of spiritual literature, service of the Daridra Narayan (poor) and help in the Bhandara (Kitchen Sewa) at least two hours daily so that one has no time left for idle talk or pursuits. Those who will not help in the Bhandara for at least 2 hours a day may not be granted accommodation in the future.
5. Non-vegetarian food is not allowed on the premises.
6. Playing cards and cooking in the rooms is not permitted.
7. When yattris leave their rooms, they are requested to kindly see that:
 - a. Windows and doors are closed.
 - b. All lights and fans etc. are switched off.
 - c. Taps are closed.
8. Before leaving the Ashram, yattris are requested to kindly return the keys to the Manager.
9. The yattris are requested to note that the Ashram gate closes strictly at 11.00 p.m. at night. Yattris must see to it that they are in the Ashram before this time.
10. Any other rules that may be enforced by the Sadhu Vaswani Gurukul Ashram Committee from time to time.
11. Yattris are requested not to take any tea and meals / any eatables to their rooms.
12. Bhojan (Meal) timing:-
 - a. 5.30 a.m. to 5.50 a.m. : Morning Tea
 - b. 8.15 a.m. to 8.45 a.m. : Breakfast
 - c. 1.30 p.m. to 2.15 p.m. : Lunch
 - d. 4.30 p.m. to 4.50 p.m. : Evening Tea
 - e. 9.00 p.m. to 9.45 p.m. : Dinner

**** It is mandatory to follow all the above rules.**